

Katie’s Run

10th August 2014

Aberfoyle to Callander race – 11.8 miles

Meeting in Callander - Coilhallen Woods Car Park at 10.00 am where a bus will take runners to the race start in Aberfoyle – there will be a charge of £5 for the bus. The car park is on your left hand side approximately a mile along the Invertrossachs Road and just prior to the Trossachs Tryst Outdoor Centre.

We will be running a section of the Rob Roy Way starting at the David Marshall Lodge in Aberfoyle at 11.00am. The first mile is quite tough with difficult terrain and a steep incline. The rocky terrain continues into the second mile as the incline reduces slightly.The route then becomes much easier and is in the main an undulating course along stony paths or forest tracks. The final section is fairly flat along a minor road. Overall it is a lovely route with some spectacular views.

 All donations received will be forwarded to Strathcarron Hospice

 For more information or to note interest please contact - macleodmaureen@hotmail.com